

Course Offerings through Career Services

UNIVERSITY SEMINAR

USEM101 University Seminar I: Foundations for Success **(1,0) 1**

This course focuses on academic skills and critical thinking, on knowledge of the institution and the role of higher education, and on personal skills for living, which together are requisite for student success and lifelong learning. Seminar I - Foundations for Success places emphasis on incorporation into university culture, time management, use of campus resources, written and oral presentations, development of critical thinking skills, and strengthening study skills for academic success.

USEM102 University Seminar II: Developing Critical Thinking **(1,0) 1**

Seminar II: Developing Critical Thinking continues the goals of Seminar I while placing emphasis on the application of critical thinking skills to the academic setting. A reading anthology is used as the basis for regular written, and oral communication and a term research paper. While continuing to apply skills and techniques used in Seminar I, students additionally develop cultural literacy and incorporate greater computer usage, and explore campus organizations, community events and community service.

USEM103 University Seminar III: Thinking About the Discipline **(1,0) 1**

Seminar III: Thinking about the Discipline begins a more focused examination of the applications of critical thinking to the student's discipline. Each school selects a reading anthology suitable for analysis and discussion by its majors in order to examine such as current critical issues, social responsibility, ethics and cultural diversity from the perspective of the student's discipline. Continuing the activities of earlier seminars this course promotes ongoing participation in community events, application of academic success skills and writing in the discipline.

USEM104 University Seminar IV: Professional Seminar **(1,0) 1**

Seminar IV: Professional Seminar serves as the fourth and final in the series and focuses on introducing the student to their discipline with special emphasis on interviews with professional, examinations of career options, and overviews of the literature and research of their discipline. This course focuses attention on the skills and knowledge base of the profession, features of the work environment, development of resume and career developing activities. Activities of earlier seminars continue as students apply critical thinking skills to the examination of the current literature of their field, participate in written and oral presentations, and hear presentations from working professionals.

STUDENT SERVICES

Special topics courses will be available as need and interest develop. Consult the semester course schedule for these.

SERV100 University Success Strategies

(1,0) 1

Based on assessment of student inventories, students are provided the opportunity to improve their study skills, methods of time management, modes of memorization, note-taking techniques, and university examination preparation. Emphasis is placed on making the transition to university life by focusing on various academic strategies and exposing students to basic information on LSSU programs, policies and procedures.

SERV125 Career Planning and Decision Making

(0,1.5) 1

Expanding awareness of personal strength and career options, this course will help students make realistic decisions relating to planning and implementation of academic and life career goals. Follows a student self-directed framework utilizing video-tapes and career/self-exploration to complete assignments. Prerequisites: student must be fully admitted for enrollment at LSSU and currently enrolled in six (6) credits.

SERV150 Personal Growth Seminar **(0,1.5) 1**

A seminar to help students make the transition to university life, communicate effectively on an interpersonal level, strengthen self-concept and build positive relationships. Course content addresses the personal, social, educational and vocational aspects of individual development.

SERV205 Group Interactions **(3,0) 3**

This course is designed for the first-year resident advisors to develop a better understanding of self and others, particularly in regard to group responsibilities. There will be a three-day pre-fall orientation program. Group activities will be aimed at developing cohesiveness. Curriculum will increase awareness of group processes and interaction skills including: Leadership, referral, conflict resolution, assertiveness, crisis intervention, programming, empathy and active listening. Prerequisite: For first-year resident advisors only.

Visit the Career Services office located in the lower level of the KJS Library room 119A.

Hours: Monday - Friday 8:00am - 5:00pm

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