

**LSSU Counseling Services:
A Resource for Students**

Hours:

Monday—Friday

8:00 a.m. to 4:30 p.m.*

(*hours vary during holidays
and summer semesters)

**For questions, appointments,
or requests for information:**

Call 906-635-2752

(x2752 on campus)

Visit our website:

<http://www.lssu.edu/counseling>

*We encourage the utilization
of our services by all students,
including those who might
be reluctant to receive
standard/traditional forms of
treatment.*



Counseling Services:

A Resource for Students

**Lake Superior State University
623 W. Easterday Ave
Sault Ste Marie, MI 49783**

**Phone: 906-635-2752
www.lssu.edu/counseling**

Race
Ethnicity
National Origin
Culture
Gender Identity & Expression
Sexual Orientation
Age
Financial Status
Religion & Spiritual Beliefs
Size & Body Shape



LSSU Counseling Services:
*We embrace diversity and promote acceptance
and respect for all LSSU students.*

Counseling Services: Embracing Diversity



LSSU Counseling Services is committed to the promotion and celebration of diversity in all of its forms.

We view seeking counseling as a sign of strength. Seeking counseling shows that you have insight into things you would like to improve.

Counseling Services is a place where you can benefit from professional, experienced providers who can help you explore many different concerns.

Many students come to Counseling Services to explore life transitions, their own identities, and how they fit into the world around them.

Can you relate to any of these concerns:

- Do you wonder: Who am I? How do others view me?
- Have you had difficulty connecting with others who feel like you?
- Do you feel comfortable at LSSU?
- Do you want to feel more at ease expressing who you are?
- Do you feel pressure to look or perform a certain way?
- Have you felt judged for who you are?
- Have you felt like you don't fit in?
- Have you felt unsafe because of who you are?
- Have you felt like the representative voice for a whole group?
- Have you heard hurtful language about a group you belong to?
- Have others treated you unjustly?

If you can relate to any of these concerns or have other concerns, we invite you to contact Counseling Services.

We seek to provide a safe, welcoming, and affirming environment and encourage the utilization of our free, confidential services by all students.

We value each person for his or her unique personality, perspective, background, and culture.



We embrace diversity and promote acceptance and respect for all LSSU students.