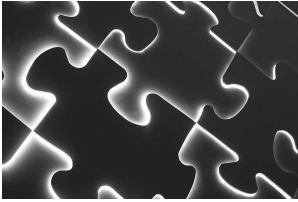


Resources to consider...



Many of the services that will make your time on campus most productive are centrally located in the basement of the library. These services are provided to all students free of charge. And all students use them, whether they want to turn their C's into B's or they want to hang on to that A. Stop in and check us out:

Transition Workshops

Student Success Seminars

Math/Writing Centers

Tutoring

Supplemental Instruction

Computer Access

Wireless Hotspot

Counseling Services

Career Services

Disability Services

Looking for more support?

Check out the Student First/
IPASS programs:

KJS Library 104/106

ipass@lssu.edu

<http://www.lssu.edu/ipass>

635-2887

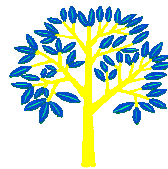
Or visit :

The Learning Center

KJS Library 113

635-2849

<http://www.lssu.edu/lc>



Counseling Services

A Resource for Students

Lake Superior State University

Shouldice Library 119A

Phone: 906-635-2752

More than a Student



Succeeding as a
non-traditional student
at Lake Superior State
University

LSSU Counseling Services:

A Resource for Students

Not so Non-Traditional



The number of students who return to school or enroll for the first time who already have jobs and family responsibilities, is growing rapidly.

According to ANTSHE (Association for Non-traditional Students in Higher Ed), over 49% of students nationwide are “non-traditional.”

<http://www.antshe.org>

You are not alone.

Your perspective, motivation, self-knowledge and life experience will see you through your uncertainties.

You'll have to work hard, but you already know how to do that.

Some Practical Advice from Other Non-Trad's:

- Don't take a heavy load your first semester (12-14 credits is plenty).
- Make your first day easier; go find classrooms before classes start.
- Talk with your professors about the work in their classes.
- Get as much studying done on campus as you can.
- Take advantage of organized studying (tutoring, SI, study groups, etc.).
- Find out how successful students study for specific classes—try it!
- Find one or two good study spots on campus and at home. Make those spots “sacred” for getting work done.



More Tips...

- Find friends and family who support your goals, and let them support you!
 - Make yourself accountable to a close friend for getting your work done ahead of (almost) everything else.
 - Seek out and use the variety of support services on campus—they are free!
 - If you have a family or work emergency, talk with your professors. If you don't communicate, they can't help you.
 - ASK QUESTIONS—if you aren't comfortable asking younger students, ask a professor or a staff member—everyone is here to help you succeed!
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