

# Michigan Honors Association

## Annual Fall Leadership Conference “MHA Unplugged”

This year’s Michigan Honors Association Conference was inspired by the work of Henry David Thoreau and his call for simplicity and solitude. He enjoyed life without the help of a cell phone, a laptop, or the internet! He was inspired by the things he found in nature and valued the face-to-face conversations he had with others. This is our opportunity to see what it is like to experience 26 hours without technology; a time to focus on the people and space around us without interruption from the outside world; a time to look at the world in a very different way. Join us as we ‘unplug’ and reap the benefits of a new kind of freedom.



2010 MHA Conference Attendees

Plan on learning more about other honors programs throughout our state as attendees share their latest initiatives. Learn more about the Mid-East Honors Association and the National Collegiate Honors Council—organizations established to help support honors programs throughout the country

**REGISTRATION BY SEPTEMBER 23**  
for accurate conference planning.

### 2011 MHA Officers

**President:**  
Jason Swedene  
Lake Superior State

**Vice-President:**  
Sue Oole  
Western Michigan Univ.

**Secretary:**  
Jessica Bigley  
Western Michigan Univ.

**Treasurer:**  
Dawn Deitsh  
Oakland University

**Past President:**  
Sue Oole  
Western Michigan Univ.

### FOR MORE INFORMATON CONTACT

Sue Oole  
Sue.oole@wmich.edu

### MAIL REGISTRATIONS

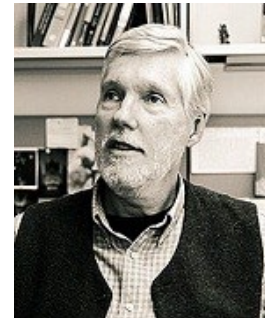
Dawn Deitsh  
MHA Treasurer  
Oakalnd Univ. Hnrs College  
112 E. Vandenberg Hall  
Rochester, MI 48309

## Meet the Facilitators



**Julia Fogarty** earned a BA and MA in English from the University of Oregon and a Ph.D. in Rhetoric and Composition from Michigan State University. She is a Full Professor in the English Division at Delta College and is the Delta College Honors Program Director. Her areas of interest include learning communities, developmental writing, and Honors. She has been meditating and attending silent retreats for over 20 years.

**Fred "Skip" Renker** earned a BA in English from Notre Dame, an MA in English from Duke, an MA in Psychology from Sonoma State University, and an MFA in creative writing from Seattle Pacific University. He is faculty emeritus at Delta College, having taught in the English Division. He currently teaches meditation and survey of world religions. He has been meditating and attending silent retreats for over 35 years.



**Dr. Rich Oxhandler**, Professor of Holistic Health and Lee Honors College Faculty Fellow, has an ongoing interest in the processes of human physical, emotional, and spiritual growth and potential, and how risk-taking shifts in consciousness and group support relates to growth.

**Ryan Fewins** comes to us from northern Michigan and received his undergraduate and graduate degrees from Central Michigan University. Ryan will introduce us to the Civic Reflection Project which is the practice of reading and discussing short pieces of literature as a means of reflecting on the central questions of civic life.



## Other Conference Features

Your conference registration also includes a T-shirt with the MHA conference logo. Our Saturday evening meal will be served by the lake, followed by a night hike (bring a flashlight) and bonfire.

We encourage four-year institutions to bring a display that highlights their honors program information. This will be helpful for students at community colleges who are trying to make transfer decisions and haven't yet decided on a four-year college destination.

## What to Bring

Clothes for the outdoors: • jacket • boots or sturdy shoes • hat • rain gear

Camera Musical instruments Games Puzzles Flashlight

Information on your honors program, especially highlighting service projects you have done or will be doing.

## MHA Conference Overview

**MacMullan Conference Center  
104 Conservation Dr.  
Roscommon, MI 48653**

### SATURDAY, OCTOBER 1

- Registration: 10:00 - 11:00 a.m.  
 Welcome Circle: 10:30 a.m. - 11:00 p.m.  
 Session 1: 11:00 a.m. - 12:30 p.m. Enhancing Our Inner Lives  
 Lunch: 12:30 - 1:15 p.m. (Included in registration fee)  
 Session 2: 1:15 - 2:00 p.m. "Into Great Silence"  
 Check Into Rooms: 2:00 - 3:00 p.m.
- Session 3A: 3:00 - 4:30 p.m. Relieving Stress to Enhance Performance  
 Session 3B: 3:00 - 4:30 p.m. Nature's Gift
- Session 4A: 4:30 - 6:00 p.m. Nature's Gift  
 Session 4B: 4:30 - 6:00 p.m. Relieving Stress to Enhance Performance
- Dinner: 6:00—7:00 p.m. (Included in registration fee)
- Evening Activities: Night hike; Bonfire; Games
- Directors Meeting: 9:00-10:30 p.m. (All Faculty/Advisors Welcome)



Getting to know each other!

## MHA Conference Overview (continued)

### SUNDAY, OCTOBER 2

Breakfast: 7:15-8:00 a.m. (Included in Registration Fee)  
8:00-8:30 a.m. Check out of rooms

Session 3: 8:30 - 10:30 a.m. "Walk Like a Warrior"

Session 4: 10:30-11:30 a.m. "Bringing It All Back to  
Campus: Action Plans"



Higgins Lake

Conference Picture: 11:45 a.m.

## Registration Information

### Conference Fees

Registration by 9/23 \$125

Non-members by 9/23 \$140

On-Site Registration \$165

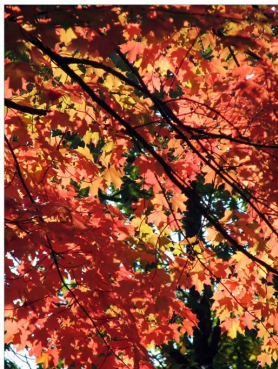
(same rate for students and faculty)

Includes one night's lodging, four meals, all fees, AND t-shirt

(same rate for student and faculty; t-shirt not included)

Single Rooms are available at the attendees expense. Cost is an extra \$22.50 per night.

See the Conference Registration form for Friday fees.



**Friday Option:** The MacMullan Conference Center is holding space for any group that would like to arrive on Friday. There is an extra fee for Friday lodging and breakfast on Saturday which is optional. Friday night is not part of the conference and there will not be any planned activities. This is a great opportunity for groups to use this as their own mini retreat or an opportunity for some organizational planning.

### **Mail or FAX Registration Form to:**

Dawn Deitsh

Oakland University Honors College

112 Vandenberg Hall

Rochester, MI 48309

E-mail: [deitsch@oakland.edu](mailto:deitsch@oakland.edu)

Phone: (248) 370-4450

FAX: (248) 370-4479

MAKE CHECKS PAYABLE TO: Michigan Honors Association (MHA)