

Bachelor of Science in Exercise Science
 SCHOOL OF RECREATION STUDIES AND EXERCISE SCIENCE
 Degree Audit Worksheet - Fall 2010

Name: _____ ID#: _____ Advisor: _____
 Intended month of Graduation: _____ School Chair approval: _____
 Semester entered: _____

The following coursework must be completed in order to fulfill the graduation requirements for a Bachelor of Science degree in
Exercise Science

Degree Requirements

General Education Requirements

Program Requirements (51 cr)

	Cr.	Grd.	Yr.
EXER 105 Leadership & Programming	3	_____	_____
EXER 140 Health and Fitness	3	_____	_____
EXER 141 Introduction to Movement	3	_____	_____
EXER 230 Athletic Injury, Illness Prev.	3	_____	_____
EXER 262 Exercise Physiology I	3	_____	_____
EXER 265 Ess. Strength Trng/Cond.	3	_____	_____
EXER 268 Fitness Eval. I	2	_____	_____
EXER 275 Nutrition	2	_____	_____
EXER 295 Practicum	1	_____	_____
EXER 344 Kinesiology	3	_____	_____
EXER 348 Fitness Eval. II	3	_____	_____
EXER 358 Res. Methods in Ex. Sci.	3	_____	_____
EXER 362 Exer. Phy. II	3	_____	_____
EXER 390 Rec. Leadership Appr.	1	_____	_____
EXER 444 Exer. Prescription	2	_____	_____
EXER 452 Admin. In Allied Health	3	_____	_____
EXER 481 Professional Dev. Seminar	1	_____	_____
EXER 492 Internship	6	_____	_____
EXER 496 Selected Research Topics	3	_____	_____

	Cr.	Grd.	Yr.
<u>Communication Skills (9 credits)</u>			
ENGL 110 Freshman Composition I	3	_____	_____
ENGL 111 Freshman Composition II	3	_____	_____
COMM 101 Fundamentals of Speech	3	_____	_____

	Cr.	Grd.	Yr.
<u>Mathematics (3 credits)</u>			
MATH 111 College Algebra	3	_____	_____
or			
MATH 207 Principles of Statistical Methods	3	_____	_____

	Cr.	Grd.	Yr.
<u>Humanities (minimum 7 credits)</u>			
HUMN 251 Humanities I	4	_____	_____
_____	3	_____	_____

Natural Science (minimum 7 credits) satisfied by
 BIOL 122, CHEM 105 or CHEM 115

	Cr.	Grd.	Yr.
<u>Social Science (minimum 7 credits) satisfied by</u>			
PSYC 101	4	_____	_____
_____	3	_____	_____

Diversity Requirement for entries Fall 2002 or later (minimum 3 credits)
 _____ 3 _____

Cognate Requirements (27 cr)

BIOL 121 Anatomy & Physiology I	4	_____	_____
BIOL 122* Anatomy & Physiology II	4	_____	_____
CHEM 104 Life Chemistry I or			
CHEM 115* General Chemistry I	3-5	_____	_____
CHEM 105 Life Chemistry II or			
CHEM 116 General Chemistry II	4	_____	_____
PSYC 101* Intro to Psychology	4	_____	_____
PSYC 385 Health Psychology	3	_____	_____
*Statistics	3	_____	_____

General Electives

(Credits to accomplish 125 total hours)

_____	_____	_____
_____	_____	_____
_____	_____	_____

Cognate Electives (12 cr)

Minor or Concentration	3	_____	_____
_____	3	_____	_____
_____	3	_____	_____
_____	3	_____	_____

SEE BACK FOR SELECTION

Program Electives (10 cr)

EXER 232 Athletic Injury/Illness Eval	3	_____	_____
EXER 234 Preventative Taping Tech.	1	_____	_____
EXER 248 Psy. of Sport & Performance	3	_____	_____
EXER 295 Practicum	3	_____	_____
EXER 340 Therapeutic Modalities in AT	3	_____	_____
EXER 346 Therapeutic Exercise in AT	3	_____	_____
EXER 349 Orthopedic Assess. In Sp. Med.	3	_____	_____
EXER 390 Rec. Leader Apprenticeship	1	_____	_____
EXER 428 Psy. Asp. of Exer/Ath.Rehab	3	_____	_____
EXER 434 Neur.Basics of Motor Learning	3	_____	_____
EXER 442 Elec. In Exercise Science	2	_____	_____
EXER 440 Exercise Science Seminar	2	_____	_____
EXER 446 Exercise Prescription and			
Testing for Special Populations	3	_____	_____
EXER 450 Phil. of Human Perf & Leisure	3	_____	_____
RECA Electives	2	_____	_____

Total Credit Hours earned are at least 125.
 I certify that all school requirements are
 complete and the school GPA is 2.0 or higher.

2.0 Minimum GPA School Requirements
 2.0 Minimum Overall GPA

 School Chair