College Insights MI GEAR UP NEWSLETTER



A project of the VISTAs (Volunteers in Service to America) and College Positive Volunteers (CPVs) assisting the LSSU MI GEAR UP Program.



What is the SAT?

Here we go. Another scary test with some confusing name; how many of these are there? SAT stands for Scholastic Assessment Test. This test is required for entry by most colleges. The ACT is it's competitor, and you are guaranteed to hear about either one of these tests, if not both. The two tests are fairly similar with a few distinct differences. Most colleges don't require scores for the writing portion of the ACT, however the SAT has a mandatory writing test. The SAT also has only three components while the ACT has a whopping five. You have to be careful when guessing on the SAT because the test takes off points for incorrect answers. The ACT is scored based on correct answers, without a penalty

for incorrect guessing. Keep in mind that the point of the ACT is to test what you have learned in school. The SAT is more of an aptitude test that is designed to gauge your reasoning and verbal skills. The SAT is sometimes looked at for college admission in Michigan, but it is also used for course placement and advising.

So with all of this in mind, it's obviously going to help to have some resources on hand. The great thing about big tests and programs like these is that there are always lots of resources and help availa-

As always, don't forget to just ask someone for help. Sometimes it's hard to know where to start, even with all of the information in front of you. So don't be afraid to just speak up and ask for a helping hand!

SPRING BREAK **COLLEGE TOUR**

With **Northern Michigan** University **MI GEAR UP Program**

Mar. 31-Apr. 3, 2014

Grand Valley State University Ferris State University Alma College Central Michigan University Northwood University Saginaw Valley State University

TO SIGN UP PHONE

Tel. 906-635-2068





High School Study Tips

- 1. Work alone.
- 2. Create the perfect study area.
- 3. Unpack all study materials.
- 4. Snack healthy while you study.
- 5. Test yourself with note cards.
- 6. GET LOTS OF **SLEEP!!!**
- 7. Always set time aside for studying.

The above list is a quick summary of tips. To learn more go to:

http://teenadvice.about.com/ od/schoolscolleges/tp/10-High-School-Study-Tips-For-Students htm

Word for the day: Peevish (Adj.) Easily irritated, particularly by unimportant things.

Thoughts from your GEAR UP VISTA:



Look, I can't stand tests either. I doubt there would be anyone against turning down a big exam if they could.

They're stressful and sometimes fairly difficult. To combat the pressure and worry over big tests here are a few thoughts I'd like to share. I understand as well as you do, how important these tests are to your grades and academic success. However, try your best not to worry too much over them. Yes they are big and important, but try to remember that the purpose of these exams isn't to freak you out. These tests are designed

to help you in the long run. I know that's a little hard to believe when you're sitting at a desk pouring over books. Yet when you put your mind to it, put aside time for studying, and really try your best, your work will give back to you. These exams will show you what your strengths and weaknesses are, and give you extra practice. This will help focus you on yourself and it will play a role in refining your future career skills. So keep your personal goals in mind when schoolwork gets too stressful!

Helpful Website Links:

WWW.NUMBER2.COM

https://sat.collegeboard.org/home

http://www.majortests.com/sat



MI GEAR UP * Eskoonwid Endaad Native American Center * 650 W. Easterday Avenue Sault Sainte Marie, MI 49783 * 906 635-2664





Yoopers from East and West unite in a visit to Michigan Tech!



On a blustery January Thursday, after the last semester exam was complete, 19 MI GEAR UP Yoopers from the East braved the snow to join with some 30 MI GEAR UP Yoopers from the West in a joint campus visit of Michigan Tech. Together the group learned about Engineering, Chemistry and Performing Arts majors and worked in teams to create waller coasters—demonstrated here by SAHS's Hunter B. The day ended in laughter & hugs and a celebration of friendships to be rekindled in college — in 2017.





Upcoming Activity

NMU MI GEAR UP

Spring Break College Tour March 31, 2014—April 3, 2014

Grand Valley State University * Ferris State University * Alma College Central Michigan University * Northwood University * Saginaw Valley State University

Northern Michigan University's MI GEAR UP program invites 9th grade students from the LSSU MI GEAR UP program to join them for an overnight tour of colleges in the lower peninsula during 2014 Spring Break.

Phone 906 635-2068 to Sign Up

For more information about the tour contact: Shirley Brozzo Associate Director Multicultural Education & Resource Center 3001 Hedgecock Northern Michigan University Marquette, MI 49855 Tel. 906-227-1554 * Fax. 906-227-1740

Space is very limited

Participation will be first-come, first served with priority for youth from the NMU program.

What is LSSU MI GEAR UP?

The LSSU MI GEAR UP program is a jointly funded college access program for a specific cohort of secondary students in targeted secondary schools. The U.S. Department of Education funds GEAR UP, the State of Michigan through the King Chavez Parks Initiative funds College Day and Lake Superior State University funds the LSSU educational outreach endeavor as well as facilitates the existence of the program with additional assistance from collaboration with the LSSU Learning Center, and the LSSU Department of Student Affairs, as well as numerous members of the LSSU faculty, administration and staff. The Michigan Campus Compact supports the engagement of college student volunteers in the program as CPVs, a cornerstone element of the program framework.

The student cohort is identified by their enrollment in targeted schools. The present LSSU MI GEAR UP outreach activity began with the students as 7th graders in 2011-2012 and will move with the students through successive grades over the ensuing 7 years. The program is intentionally designed to help students envision postsecondary education for themselves, whether through vocational, certificate or college programming. We seek to help the students stay focused on their educations while still in middle and high school. We encourage them to seek out learning opportunities and take challenging courses. And we encourage them to remain in school and graduate. In addition to its primary focus on the MI GEAR UP cohort student, the program seeks to facilitate a ripple effect, positively impacting on the sources of influence which assist students to be successful in school and pursue postsecondary education.

Services provided to the participating MI GEAR UP students consistently include opportunities to interact with LSSU university students. The college students are known as College Positive Volunteers or CPVs. LSSU CPVs not only share their encouragement of the youth, they also offer students educational enrichment opportunities such as visits to LSSU laboratories or learning facilities.

For more information about the LSSU MI GEAR UP Program please contact the Program Director.

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