

## Drug-Free Campus

### Policy

In accordance with the Drug-Free Workplace Act of 1988, Federal Anti-Drug Abuse Act of 1988 and Drug Free School and Community Act, Amendments of 1989, as a recipient of federal funds for some of its programs and activities, Lake Superior State University is required to publish and notify employees and students of its policy regarding a campus free of drugs and alcohol abuse.

The following is the Lake Superior State University policy regarding controlled substances (as defined in the Controlled Substances Act) in any location for which the University is responsible and has control of operations.

"It is the policy of Lake Superior State University to maintain a campus free of drug and alcohol abuse. Lake Superior State University supports federal and state laws which prohibit the manufacture, distribution, dispensing, possession, or illegal use of controlled substances on campus by officers, employees, or students of the University. Any student or employee found to be in violation of these laws and/or of University Rules and Regulations (see Procedure Manual Section 4.6.1) and Student Standards of Behavior (published in the Catalog), which prohibits such use, possession, purchase, distribution, or dispensing of drugs and abuse of alcohol, will be subject to the University employee and student disciplinary procedures, and or required satisfactory participation in drug/alcohol abuse assistance or rehabilitation programs and/or may be subject to immediate discharge from employment or dismissal from the University."

The University will annually provide a copy of this policy to all members of the University campus and will also provide a drug and alcohol abuse awareness training program.

### Awareness

The following are some of the campus efforts to educate on alcohol and drug abuse.

1. Alcohol, Tobacco and other Drug Task Force: a committee comprised of students and staff dedicated to addressing relative issues.  
Purposes are:
  - a) to encourage responsible drinking behavior within the campus community;
  - b) to help educate and inform students, faculty, administrators and staff about use and abuse;
  - c) to help facilitate alcohol-related research;
  - d) to increase awareness concerning healthy alternatives to alcohol abuse; and
  - e) to enhance communication within the University community regarding alcohol-related matters.
2. SA100-How to Succeed in College: A regular part of the curriculum in the course deals with alcohol and drug abuse.
3. Campus Connections: A state funded grant program that encourages student involvement with alcohol-free activities and places an emphasis on positive social mentoring. Participants are provided with extensive opportunities to interact and better acclimate with the surrounding community.
4. Counseling Center staff: Training of resident assistants to recognize signs of alcohol and drug abuse.
5. Considerable personal counseling and/or referral about alcohol abuse offered to students and employees.
6. Associate's degree program in substance abuse prevention and treatment.
7. Specific course offerings: HM204 - Fundamentals of Drug Abuse (3 credits) and HM292 - Alcohol Abuse Prevention & Treatment (3 credits).
8. A large collection of audio-visual resources on drug and alcohol abuse collected and maintained in our Audio-Visual Department and in the School of Social Sciences.
9. Campus-wide alcohol education program sponsored each fall by the resident assistant staff. Involves local law enforcement staff, judges, attorneys and students.

10. A large network of referral agencies in the community (Al-Anon, Alateen, Substance Abuse outpatient programs at War Memorial Hospital and tribal agencies) to which to refer students and staff for help. In addition, the Counseling Center staff arrange direct referrals to in-treatment programs.
11. All employees are educated regarding drug/alcohol abuse and view the drug-free workplace video.

## Health Risks

In the University's role as an educational institution, it would be remiss if it did not exercise its duty to care about the health and safety of its students and employees. Therefore, the following acknowledgment of health risks associated with the illicit use of drugs and alcohol is put forth:

- Drugs that are injected into veins may be damaging to heart valves and can cause gangrene. There is also a serious risk for the transmission of AIDS and hepatitis.
- Amphetamines (speed) can cause brain hemorrhages and lead to cardiac irregularities and seizures.
- Cocaine (via snorting) leads to deterioration of nasal passages and dental decay. Furthermore, free-basing cocaine or smoking crack can cause epileptic seizures, paralysis and cardiac arrest.
- Although many believe that marijuana has no harmful physical effects, it can, in fact, cause bronchitis and chronic lung disease. There are more cancer-causing agents in marijuana than in tobacco cigarettes. Marijuana use decreases sperm count and testosterone production. Chronic use can cause brain damage. Studies have shown that women who smoke marijuana during pregnancy may give birth to babies with defects similar to those seen in infants born with Fetal Alcohol Syndrome. A loss of motivation is often observed in marijuana users.
- Hallucinogens such as PCP (angel dust) and LSD alter brain chemistry and may lead to permanent changes in thinking ability, memory and fine motor function. Furthermore, these drugs can precipitate psychiatric disorders in some individuals.
- Alcohol is a depressant and affects every system in the body. Alcohol abuse can lead to serious physical problems such as:
  - damage to the brain, pancreas, and kidneys;
  - high blood pressure, heart attacks, and strokes;
  - alcoholic hepatitis and cirrhosis of the liver;
  - stomach and duodenal ulcers, colitis and irritable colon;
  - impotence and infertility;
  - birth defects and Fetal Alcohol Syndrome, which causes retardation, low birth weight, small head size and limb abnormalities;
  - premature aging;
  - a host of other disorders, such as diminished immunity to disease, sleep disturbances, muscle cramps and edema; and
  - reduction in judgment associated with traffic accidents, crime, relationship problems and date rape.
- Because many substances affect the same body systems as alcohol, combining alcohol and drugs is especially dangerous. In addition, substance abuse (alcohol and illicit drug use) may lead to physical or psychological addiction.

## Treatment Services

Treatment services are coordinated by the University's Counseling Center. Referrals of individuals to the Counseling Center may be made by any member of the campus community. Such referrals, made on the basis of a shared concern for one another's mutual welfare, are held in the strictest of confidence. Faculty and staff members, students, health services staff, coaching staff, disciplinary hearing officers and supervisors are all encouraged to learn those warning signs which may indicate possible problems with the misuse of alcohol and drugs. These may include, but are not limited to: poor classroom or job performance; erratic moodiness; irritation or anger without apparent cause; physical complaints relating to alcohol and drug use; and frequent drinking to the point of intoxication.

In addition to providing counseling, the Counseling Center provides a liaison with a wide variety of treatment agencies, such as the Eastern Upper Peninsula Mental Health Center, the War Memorial Hospital Substance Abuse

Program, Indian Health, Chippewa County Health Department, Alcoholics Anonymous, LSSU Health CARE Center and the New Hope House for Men and Women, as well as many regional facilities. Any counseling relationship involves strict confidentiality, and any referrals to outside agencies are also kept in the closest confidence.

## **Legal Requirements**

All federal, state and local laws governing alcohol usage and use of controlled substances will be enforced on the Lake Superior State University campus.

Special attention is directed to the Michigan Penal Code, Part 74, Section 333.7401, forbidding unauthorized manufacture, delivery or possession with intent to manufacture or deliver controlled substances; Section 333.7402, forbidding unauthorized possession of controlled substances; Section 333.7404, forbidding use of controlled substances, and Section 333.7405, forbidding unauthorized or unlicensed distribution, prescription or dispensing of controlled substances.

Attention is directed also to the Federal Criminal Statutes, Section 841, Part D, which prohibits unlawful use, manufacture, distribution, dispensing or possession with intent to manufacture, distribute or dispense a controlled substance, or counterfeit substance, or growing of a controlled substance. Violators will be subject to various fines and/or prison terms.

In addition, individuals convicted of certain drug offenses under the Anti-Drug Abuse Act of 1988, could lose eligibility for federal benefits, including student financial aid.

## **Lake Superior State University Rules and Regulations**

Membership in the University community carries with it both privileges and responsibilities. The University cannot accept acts that interfere with the basic processes of the academic enterprise, nor act which interfere with the rights of other members of its community. Following are the basic regulations which govern the behavior and conduct on the Lake Superior State University campus regarding substance abuse.

*From Student Standards of Behavior:*

Alcohol and Drugs: Any student found guilty of being under the influence of drugs, or possessing, or selling drugs or narcotics will be subject to immediate dismissal from the University. Any student who disregards the laws of the state regarding drinking as a minor is subject to disciplinary action including fines, or dismissal for repeated offenses. A student of 21 years of age who purchases alcoholic beverages for minors, or who participates in any way, faces not only legal action from the state, but additional penalty from the University.

The laws of the state of Michigan prohibit the sale of alcoholic beverages on any unlicensed premise. No alcohol may be offered for sale on any unlicensed portion of the University Campus, and no hidden fee (such as admissions charges, charges for food, etc.) may be used to hide or conceal a charge for alcoholic beverages. Any organization, group or individual offering alcohol to others anywhere on campus shall be required to follow provisions of the University's alcohol policy, distributed annually to all students. Violators may suffer loss of campus privileges, disciplinary action by the University and prosecution by civil authorities.

*From Employee Rules:*

Employees of the University are required to refrain from:

- reporting for work under the influence of any form of intoxicant, e.g., alcohol or drugs;
- use of possession on University premises of alcohol except in certain designated locations at times and function approved by the administration;
- purchasing or providing alcohol for any student, guest or resident of the University except as approved by the administration; and
- purchasing, providing use, or possession of illegal drugs or narcotics on University premises.

## **Sanctions and Penalties**

Students will be subject to the following disciplinary sanctions for violation of University regulations, depending on the severity of the violation.

- reprimand
- restitution
- mandated counseling or participation in an alcohol/drug education program
- monetary fines or work penalties
- loss of privileges
- loss of financial aid
- probation
- suspension
- expulsion

Employees violating University rules will be subject to the University disciplinary procedure.

Depending on the severity or frequency of violations, disciplinary action may include any one or more of the following: verbal warning documented in Supervisor's Report, written warning, written warning with disciplinary layoff, written notification and suspension, and written notification and discharge.

For information or help, phone:

LSSU Counseling Center 635-2733

LSSU Student Services 635-2236

LSSU Human Resources Office 635-2213

LSSU Health CARE Center 635-2110

Substance Abuse Outpatient Program at War Memorial Hospital 635-4450

Alcohol Abuse Crisis Line 1-800-562-9753

It is a policy of Lake Superior State University that no person shall be discriminated against, excluded from participation in, denied the benefits of, or otherwise be subjected to discrimination in employment, or in any program or activity for which the University is responsible on the basis of race, color, nation origin or ancestry, gender, age, disability, religion, height, weight, sexual preference, marital status or veteran status.